

# Everybody. Any body

Foundational Membership Pricing  
available to the first 150 Members

Services	Value	Be Lean \$75/week <small>*billed fortnightly</small>	Be Unlimited \$95/week <small>*billed fortnightly</small>	Be Limitless \$115/week <small>*billed fortnightly</small>
<b>Well Ontrack</b> Assessment: Physiotherapist, Styku Scan & Functional Age measurement <small>*Biological Age measurement: \$400</small> Personalised Be Well Life Plan 3 x Ontrack Reviews	\$850 package	\$500 <small>(*waived)</small>	\$450 <small>(*waived)</small>	\$400 <small>(*waived)</small>
<b>Live Well</b> Yoga and Tai Chi Breathing and Meditation Sound Baths	\$35 per session	<input checked="" type="checkbox"/> Unlimited sessions	<input checked="" type="checkbox"/> Unlimited sessions	<input checked="" type="checkbox"/> Unlimited sessions
<b>Strong &amp; Well</b> HUR* Strength: push, pull, and lift. <small>*HUR (Helsinki University Research) are Smart resistance and cardio devices.</small> Reformer Pilates	\$35 per session	<input checked="" type="checkbox"/> Unlimited personal use  <input checked="" type="checkbox"/> Unlimited group sessions	<input checked="" type="checkbox"/> Unlimited personal use  <input checked="" type="checkbox"/> Unlimited group sessions	<input checked="" type="checkbox"/> Unlimited personal use  <input checked="" type="checkbox"/> Unlimited group sessions
<b>Fit &amp; Well</b> HUR Cardio: cycle, run, and row	\$25 per session	<input checked="" type="checkbox"/> Unlimited sessions	<input checked="" type="checkbox"/> Unlimited sessions	<input checked="" type="checkbox"/> Unlimited sessions
<b>Recover Well</b> Infrared Saunas Hydroxy Airpod Compression Massage Muse Meditation Hydrotherapy Baths (coming soon)	\$55 per session	One session p/w	Two sessions p/w	Three sessions p/w
<b>Know Well</b> Guest Speaker events Regular Newsletters	\$40 per session	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Well Supported</b> Physiotherapist Dietitian Therapeutic Massage Remedial Massage	\$160	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> +10% discount	<input checked="" type="checkbox"/> +20% discount

**No lock-in contract**  
Cancel anytime with 28 days notice