

Everybody. Any body

Foundational Membership Pricing

Strictly limited. Higher prices will apply to non-Foundation members.

Services	Casual	Be Lean \$75/week <small>*billed fortnightly</small>	Most popular Be Unlimited \$95/week <small>*billed fortnightly</small>	Be Limitless \$115/week <small>*billed fortnightly</small>
Well Ontrack Expert Physio Assessment Styku Scan & Functional Age measurement Personalised Be Well Roadmap Reviews every 12 weeks	\$850 package	Waived	Waived	Waived
Live Well Yoga Tai Chi & Qi Gong Yogalates (mat yoga and pilates) Sound Baths	\$35	✓ Unlimited sessions	✓ Unlimited sessions	✓ Unlimited sessions
Strong, Fit & Well HUR* Strength & Cardio <small>*Helsinki University Research smart devices</small>	\$25 per session	✓ Unlimited sessions	✓ Unlimited sessions	✓ Unlimited sessions
Pilates Studio Reformer classes Personal use of Reformer	\$35	✓ Two sessions p/w	✓ Three sessions p/w	✓ Four sessions p/w
Recover Well Infrared Saunas Hydroxy Airpod Compression Massage Muse Meditation Hydrotherapy Baths (coming soon)	\$45 per session	✓ Two sessions p/w	✓ Four sessions p/w	✓ Six sessions p/w
Know Well Guest Speaker events Regular Newsletters	Various	✓	✓	✓
Art of Living Breathing and Meditation Happiness courses	Various	No discount	10% discount	20% discount
Lifestyle Medicine Practitioners Therapeutic Massage Physiotherapist Dietitian	\$160	No discount	+10% discount	+20% discount



Appointments may be claimable

- Private Health
- Insurance
- Medicare
- Workcover
- NDIS



No lock-in contracts

Cancel anytime within 28 days



10% discounts

For family members and payments in advance